

AVAILABLE  
MONDAY TO FRIDAY  
8:30AM - 3:00PM

# Forest Kitchen

## JUICE BAR MENU

MADE FRESH TO ORDER

### FRUIT JUICES

#### BLUE CHILL

PINEAPPLE, APPLE & BLUEBERRIES

SML \$8.50 / LRG \$9.50

#### IMMUNITY

ORANGE, LEMON & GINGER

#### REFRESH

WATERMELON, ROCKMELON & STRAWBERRIES

#### SUNRISE

WATERMELON, ORANGE & BLUEBERRIES

#### SKINCLEANSER

HONEYDEW, STRAWBERRIES & ORANGE

### SHAKES

#### MILKSHAKE & THICKSHAKE

- BANANA
- VANILLA
- CARAMEL
- STRAWBERRY
- COFFEE
- CHOCOLATE

\$7.90

### VEGGIE JUICES

#### DETOX

CUCUMBER, APPLE & MINT

SML \$8.50 / LRG \$9.50

#### GO GREEN

SPINACH, PARSLEY, LEMON & GREEN APPLE

#### HEART BEET

BEETROOT, APPLE, CARROT, LEMON & ORANGE

#### LIVER CLEANSER

APPLE, GINGER, BEETROOT, CARROT & CELERY

#### VEGOUT

KALE, CARROT, APPLE, PARSLEY & BEETROOT

### SPECIAL

#### BANANA SMOOTHIE

\$10.90

